QuickTime Player Recordings

1. Click and HOLD QuickTime Icon > New Screen Recording 
2. Click the red button to start recording 
3. Click to record full screen or drag to record a selection of your screen.
4. Click the button at the top of your screen to end recording 
5. File > Save your recording to your Desktop
6. Open iMovie > File > New Movie
7. Drag your QuickTime file from your Desktop into iMovie
8. Change speed to FAST
9. Save File to Desktop 
10. Your recording should now be saved as an .mp4